dunaPart6
23 - 26 NOV 2023, BUDAPEST
Platform in Hungary

IMRE VASS
IN_FORM ('30)

23 NOV 19:00
23 NOV 20:30
@Trafó Stúdió

opened year: 2023
in English

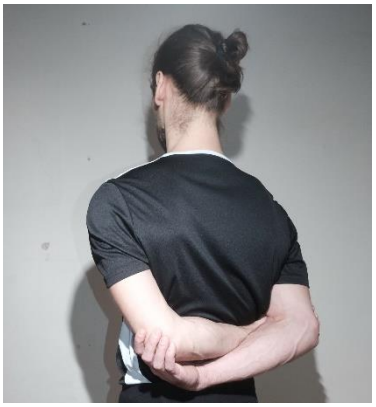


PHOTO: János. R. Szabó

"Breathing is an involuntary activity we naturally perform to stay alive, but it is also a scientifically established way of exercising attention. Changing and controlling the rhythm of breathing affects not only bodily mechanisms but also consciousness (mindfulness) and vice versa. But can listening to somebody else's breathing alter our consciousness too?

This movement-based conceptual performance started out from the Personal Trainer series developed by Imre Vass, exploring the process of creation from new perspectives and helping us to get into shape in body and mind, on individual and collective levels. The verb 'to inform' means to choose a form or a shape and fill it with content, the latter promising a kind of gratification (contentment). In this case, the performance is still a mold, waiting to be filled with audiovisual and corporeal information to become 'something'. Conventionally, the performer delivers these, but this time, he contradicts the viewers' expectations by leaving them literally in the dark. Reactions can vary from surprise to shock and comical bewilderment, but slowly, a reversed listening starts to reveal a performance which is the state of permanent flux itself and grants a unique individual experience for each member of the audience." **Orsolya Bálint, curator**

IMRE VASS is an independent performance artist, dancer, and choreographer, based in Budapest. "I host environments for a non-harmful exploration of the comfort zone, to overcome the uncomfortable while tuning in, training, and sharpening the muscles of attention. Playing with expectations, flirting with ambiguities and obvious choices while swerving away from the mainstream, I intend to liberate the energies of the participants of the event."

CONTACT

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CREDITS

Concept and performance: Imre Vass
Sound: Dávid Somló
Costume: Anna Kudron / Pinkponilo, Imre Vass
Photo: János R. Szabó
Co-producer: Katlan Group

|| 16+ ||

SUPPORTERS

AQB, Ministry of Human Capacities, National Cultural Fund of Hungary, Workshop Foundation, Sín Culture Center

BASIC TECHNICAL INFO

Stage: small/medium

Travelling crew: 2